## **SKILLS CATALOG**

GENERAL CONSTRUCTION HELPER, HELPER IN SMALL PRODUCTION AND SERVICES



# Iceland Liechtenstein Norway grants

The AION project benefits from a grant of € 195828 received from Iceland, Liechtenstein and Norway under the EEA Grants.

The aim of the project is to develop a comprehensive, systemic model of preparation for professional activity of people with deeper intellectual disabilities.

Preparation of professional laboratories with training programs and methodology.

Development of a coherent and systemic strategy for supporting the employment of people with intellectual disabilities on the labor market in cooperation with the District Labor Office in Sosnowiec.

Working out a path of professional development and a strategy of inclusion in the open and / or protected labor market, taking into account the educational, legal, organizational housing for schools, people with disabilities, public institutions and entrepreneurs that can potentially employ people with disabilities.

### Skills catalog General construction helper, helper in small production and services

- 1. I can combine different materials;
- 2. I can paint various surfaces;
- 3. I help with general construction works;
- 4. I can make decorations out of wood;

RATING: green color – task completed correctly Red colour – you should continue to practice the skill

The student can start learning the next skill when both assessments (self-assessment and teacher feedback) are green.

#### I CAN COMBINE DIFFERENT MATERIALS

Skill	Self-esteem	Information from the teacher
I distinguish between wooden and wood-based materials (wood, OSB, MDF)		
I distinguish different types of glues		
I distinguish metal articles for joining materials (screws, bolts, nails)		
I know what a hammer is for		
I know what a screwdriver is for		
I know the stages of joining wooden elements		
I know where the tools are and materials		
I know what to do when I finish work		
I know the safety rules when performing work		

#### I CAN COMBINE DIFFERENT MATERIALS

Skill	Self-esteem	Information from the teacher
I adapt appropriate tools to work with various materials (OSB, MDF, wood)		
I can glue various materials		
I can select nails, screws and screws for the materials to be joined		
I can hammer nails		
I use a screwdriver		
I put the tools back in their proper place		
I clean and secure materials after finishing work		
I follow safety rules		

#### I CAN PAINT DIFFERENT SURFACES

Skill	Self-esteem	Information from the teacher
I know there are different types of paint		
I distinguish between brushes and paint rollers (a brush for painting radiators, rollers for painting various surfaces)		
I know how to prepare a surface for painting		
I know, how to protect the surface against paint splashes		
I know, where the individual tools are located		
I know the rules for effective painting of various surfaces		
I know, how to protect paints and tools after finishing work (paints, brushes, rollers)		
I know the safety rules that must be followed when painting		

#### I CAN PAINT DIFFERENT SURFACES

Skill	Self-esteem	Information from the teacher
I can use the right tools when painting		
I can paint wood (stain, varnish)		
I can paint e.g. radiators with oil paint		
I can paint walls with emulsion paint		
I clean the surface before painting		
I protect the area against splashes (e.g. with painting foil)		
I clean up the area after painting		
I wash and clean my tools after finishing work		
I protect the paints from drying out		
I follow safety rules while painting		

#### I ASSIST WITH GENERAL CONSTRUCTION WORKS

Skill	Self-esteem	Information from the teacher
I distinguish the tools needed for construction work (shovel, hammer, wheelbarrow, trowel)		
I distinguish basic construction materials		
I know, how to transport construction materials		
I distinguish measuring instruments (measuring tapes, calipers)		
I distinguish between wrenches and screwdrivers		
I know, how to protect materials and tools against damage		
I know the safety rules when using tools		

#### I ASSIST WITH GENERAL CONSTRUCTION WORKS

Skill	Self-esteem	Information from the teacher
I can safely unload and unpack building materials		
I can transport building materials in a wheelbarrow		
I use wrenches and screwdrivers correctly		
I clean my workplace		
Takes measurements using a tape measure and caliper		
I work in accordance with safety rules		

#### I CAN MAKE WOODEN DECORATIONS

Skill	Self-esteem	Information from the teacher
I distinguish carpentry tools		
I distinguish sandpapers		
I know how to protect wood against damage		
I know where the tools and materials needed for work are		
I know the rules for using available materials sparingly		
I know the safety rules that must be followed during carpentry work		

#### I CAN MAKE WOODEN DECORATIONS

Skill	Self-esteem	Information from the teacher
Appropriately uses a chisel, file, etc.		
I can operate a laser plotter		
I can cut with a handsaw		
I smooth wooden surfaces		
He uses a grinder		
I paint with varnish and varnish stain		
I clean my workplace		
I apply safety rules that must be followed when making wooden decorations		