SKILLS CATALOG

GENERAL CONSTRUCTION HELPER, HELPER IN SMALL PRODUCTION AND SERVICES



Iceland Liechtenstein Norway grants

The AION project benefits from a grant of € 195828 received from Iceland, Liechtenstein and Norway under the EEA Grants.

The aim of the project is to develop a comprehensive, systemic model of preparation for professional activity of people with deeper intellectual disabilities.

Preparation of professional laboratories with training programs and methodology.

Development of a coherent and systemic strategy for supporting the employment of people with intellectual disabilities on the labor market in cooperation with the District Labor Office in Sosnowiec.

Working out a path of professional development and a strategy of inclusion in the open and / or protected labor market, taking into account the educational, legal, organizational housing for schools, people with disabilities, public institutions and entrepreneurs that can potentially employ people with disabilities.

Skills catalog General construction helper, helper in small production and services

- 1. I can combine different materials;
- 2. I can paint various surfaces;
- 3. I help with general construction works;
- 4. I can make decorations out of wood;

RATING: green color – task completed correctly Red colour – you should continue to practice the skill

The student can start learning the next skill when both assessments (self-assessment and teacher feedback) are green.

I CAN COMBINE DIFFERENT MATERIALS

Skill	Self-esteem	Information from the teacher
I distinguish between wooden and wood-based materials (wood, OSB, MDF)		
I distinguish different types of glues		
I distinguish metal articles for joining materials (screws, bolts, nails)		
I know what a hammer is for		
I know what a screwdriver is for		
I know the stages of joining wooden elements		
I know where the tools are and materials		
I know what to do when I finish work		
I know the safety rules when performing work		

I CAN COMBINE DIFFERENT MATERIALS

Skill	Self-esteem	Information from the teacher
I adapt appropriate tools to work with various materials (OSB, MDF, wood)		
I can glue various materials		
I can select nails, screws and screws for the materials to be joined		
I can hammer nails		
I use a screwdriver		
I put the tools back in their proper place		
I clean and secure materials after finishing work		
I follow safety rules		

I CAN PAINT DIFFERENT SURFACES

Skill	Self-esteem	Information from the teacher
I know there are different types of paint		
I distinguish between brushes and paint rollers (a brush for painting radiators, rollers for painting various surfaces)		
I know how to prepare a surface for painting		
I know, how to protect the surface against paint splashes		
I know, where the individual tools are located		
I know the rules for effective painting of various surfaces		
I know, how to protect paints and tools after finishing work (paints, brushes, rollers)		
I know the safety rules that must be followed when painting		

I CAN PAINT DIFFERENT SURFACES

Skill	Self-esteem	Information from the teacher
I can use the right tools when painting		
I can paint wood (stain, varnish)		
I can paint e.g. radiators with oil paint		
I can paint walls with emulsion paint		
I clean the surface before painting		
I protect the area against splashes (e.g. with painting foil)		
I clean up the area after painting		
I wash and clean my tools after finishing work		
I protect the paints from drying out		
I follow safety rules while painting		

I ASSIST WITH GENERAL CONSTRUCTION WORKS

Skill	Self-esteem	Information from the teacher
I distinguish the tools needed for construction work (shovel, hammer, wheelbarrow, trowel)		
I distinguish basic construction materials		
I know, how to transport construction materials		
I distinguish measuring instruments (measuring tapes, calipers)		
I distinguish between wrenches and screwdrivers		
I know, how to protect materials and tools against damage		
I know the safety rules when using tools		

I ASSIST WITH GENERAL CONSTRUCTION WORKS

Skill	Self-esteem	Information from the teacher
I can safely unload and unpack building materials		
I can transport building materials in a wheelbarrow		
I use wrenches and screwdrivers correctly		
I clean my workplace		
Takes measurements using a tape measure and caliper		
I work in accordance with safety rules		

I CAN MAKE WOODEN DECORATIONS

Skill	Self-esteem	Information from the teacher
I distinguish carpentry tools		
I distinguish sandpapers		
I know how to protect wood against damage		
I know where the tools and materials needed for work are		
I know the rules for using available materials sparingly		
I know the safety rules that must be followed during carpentry work		

I CAN MAKE WOODEN DECORATIONS

Skill	Self-esteem	Information from the teacher
Appropriately uses a chisel, file, etc.		
I can operate a laser plotter		
I can cut with a handsaw		
I smooth wooden surfaces		
He uses a grinder		
I paint with varnish and varnish stain		
I clean my workplace		
I apply safety rules that must be followed when making wooden decorations		