

Work training program

for students of a special school preparing for work with moderate or severe intellectual disabilities and for students with multiple disabilities

The program was developed on the basis of the regulation:

Regulation of the Minister of National Education of February 14, 2017 on the core curriculum for pre-school education and the core curriculum for general education for primary schools, including for students with moderate or severe intellectual disabilities, general education for first-cycle vocational schools, general education for a special school preparing for work and general education for post-secondary schools.

[Dz.U. z 2017, item 356](#)

General goals:

1. shaping a positive attitude towards work in terms of motivation, competence and performance;
2. acquiring basic knowledge about work and getting to know typical work situations;
3. teaching how to perform various tasks in accordance with the student's preferences and predispositions;
4. mastering basic skills and work activities;
5. preparing students to run a household;
6. understanding occupational health and safety issues;
7. developing job search skills and using various sources of knowledge;
8. preparation to undertake independent or supported work in an individually tailored position on the open or protected labor market;
9. satisfying the cognitive and social needs of students by providing them with conditions for purposeful and socially useful activity.

Specialty: HOTEL ASSISTANT

Graduate profile: A student who has mastered the skills of a hotel service assistant can effectively clean rooms, replace bed linen and wash various types of fabrics, taking care of hygiene and aesthetics. Knows safety rules and the proper use of cleaning products and tools. He is well prepared to work in the hotel service team, ensuring the comfort and satisfaction of guests.

Educational material		Specific objectives	Detailed learning outcomes. After completing the classes, the student is able to (depending on the student's individual psychophysical capabilities resulting from the certificate and IEPT):
Cleaning the room	k n o w l e d g e	<ul style="list-style-type: none"> ● Identifying areas of the room that require regular cleaning, such as dust, floors, mirrors. ● Learning about cleaning products and tools needed to clean a room. ● Understand safety practices when performing cleaning activities. 	<ul style="list-style-type: none"> ● The student knows what areas of the room require regular cleaning (e.g. dust, floor, mirrors). ● The student knows what cleaning products and tools are needed to clean a room. ● The student knows the safety rules when performing cleaning activities.
	s k i l l s	<ul style="list-style-type: none"> ● Removal course and dirt from furniture, floors and mirrors. ● Changing towels yourself. ● Using cleaning products and tools properly and safely. 	<ul style="list-style-type: none"> ● The student can effectively remove dust and dirt from various surfaces, such as furniture, floors and mirrors. ● The student is able to independently perform activities related to changing towels. ● The student is able to use cleaning products and tools in a proper and safe manner.

Linen change	k n o w l e d g e	<ul style="list-style-type: none"> ● Familiarize yourself with the components of a complete bedding set, such as a sheet, pillowcases, and a duvet. ● Learning the hygiene rules related to changing bedding regularly. ● Understanding how to properly arrange bedding on a bed to ensure an aesthetically pleasing appearance. 	<ul style="list-style-type: none"> ● The student knows what elements make up a complete bedding set (e.g. sheet, pillowcases and duvet). ● The student knows the hygiene rules related to regular changing of bed linen. ● The student knows how to properly arrange bedding on the bed to ensure an aesthetic appearance.
	s k i l l s	<ul style="list-style-type: none"> ● Taking off old bedding and putting on new ones yourself. ● Recognizing various elements of bedding and organizing them skillfully. ● Performing activities related to washing and ironing bedding under supervision. 	<ul style="list-style-type: none"> ● The student is able to take off old bedding and put on new one on his own. ● The student is able to recognize various elements of bedding and skillfully organize them. ● The student is able to perform activities related to washing and ironing bed linen under supervision.
Washing	k n o w l e d g e	<ul style="list-style-type: none"> ● Getting to know different types of fabrics and their washing properties. ● Learning about different detergents and washing agents and their effect on fabrics. ● Understanding the rules of proper washing depending on the type of fabric and the degree of dirt. 	<ul style="list-style-type: none"> ● The student knows what types of fabrics are most often washed and what are the recommended washing methods for each of them. ● The student knows the differences between detergents for washing delicate fabrics and those for washing colored fabrics. ● The student knows the rules regarding washing temperature and segregation of clothes.

	<p>s k i l l s</p>	<ul style="list-style-type: none"> ● Developing the ability to sort laundry by color, type of fabric and recommended washing temperature. ● Developing the ability to properly select the washing program and settings on the washing machine. ● Developing skills in hand washing and using a washing machine and dryer. 	<ul style="list-style-type: none"> ● The student is able to sort laundry by color, type of fabric and recommended washing temperature. ● The student is able to select the appropriate washing program and settings on the washing machine, ensuring effective and safe washing. ● The student can dry and iron laundry, ensuring its aesthetics and durability.
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The aim of the project is to develop a comprehensive, systemic model of preparation for professional activity of people with deeper intellectual disabilities. Preparation of professional laboratories with training programs and methodology. Development of a coherent and systemic strategy for supporting the employment of people with intellectual disabilities on the labor market in cooperation with the District Labor Office in Sosnowiec. Working out a path of professional development and a strategy of inclusion in the open and / or protected labor market, taking into account the educational, legal, organizational housing for schools, people with disabilities, public institutions and entrepreneurs that can potentially employ people with disabilities.