

## Work training program

for students of a special school preparing for work with moderate or severe intellectual disabilities and for students with multiple disabilities

### **The program was developed on the basis of the regulation:**

Regulation of the Minister of National Education of February 14, 2017 on the core curriculum for pre-school education and the core curriculum for general education for primary schools, including for students with moderate or severe intellectual disabilities, general education for first-cycle vocational schools, general education for a special school preparing for work and general education for post-secondary schools.

[Dz.U. z 2017, item 356](#)

### **General goals:**

1. shaping a positive attitude towards work in terms of motivation, competence and performance;
2. acquiring basic knowledge about work and getting to know typical work situations;
3. teaching how to perform various tasks in accordance with the student's preferences and predispositions;
4. mastering basic skills and work activities;
5. preparing students to run a household;
6. understanding occupational health and safety issues;
7. developing job search skills and using various sources of knowledge;
8. preparation to undertake independent or supported work in an individually tailored position on the open or protected labor market;
9. satisfying the cognitive and social needs of students by providing them with conditions for purposeful and socially useful activity.

**Specialty: CAR MECHANIC'S HELP**

**Graduate profile:** The student is prepared to perform basic tasks related to the operation, maintenance and simple repairs of vehicles under supervision. Has knowledge of occupational health and safety and the basics of car mechanics. Can recognize car parts, perform simple repairs and maintenance, and operate basic tools. Is responsible and ready to work in a car repair shop under supervision.

Educational material		Specific objectives	Detailed learning outcomes. After completing the classes, the student is able to (depending on the student's individual psychophysical capabilities resulting from the certificate and IEPT):
Occupational Health and Safety	k n o w l e d g e	<ul style="list-style-type: none"> <li>● Learning the basic rules of occupational health and safety in a car workshop.</li> <li>● Understand the importance of using protective equipment (e.g. gloves, safety glasses).</li> <li>● Familiarization with regulations regarding the safe operation of tools and machines.</li> </ul>	<ul style="list-style-type: none"> <li>● List the basic principles of occupational health and safety.</li> <li>● Explain why it is important to wear protective equipment.</li> <li>● Describe the basic principles of operating tools and machines safely.</li> </ul>
	s k i l l s	<ul style="list-style-type: none"> <li>● Developing the ability to apply occupational health and safety rules in practice.</li> <li>● Developing the ability to put on and use protective equipment.</li> <li>● Developing the ability to safely operate tools and machines under supervision.</li> </ul>	<ul style="list-style-type: none"> <li>● Follow occupational health and safety rules in practice.</li> <li>● Put on and use protective equipment correctly.</li> <li>● Operate tools and machines safely under supervision.</li> </ul>

Car workshop equipment	k n o w l e d g e	<ul style="list-style-type: none"> <li>● Getting to know the basic equipment of a car workshop.</li> <li>● Understanding what basic workshop tools and equipment are used for.</li> <li>● Familiarization with simple principles of operation and maintenance of workshop equipment.</li> </ul>	<ul style="list-style-type: none"> <li>● Replace basic tools and equipment in the workshop.</li> <li>● Describe what basic tools and devices are used for.</li> <li>● Explain the basic principles of tool operation and maintenance.</li> </ul>
	s k i l l s	<ul style="list-style-type: none"> <li>● Developing the ability to recognize and name tools.</li> <li>● Developing the ability to operate basic tools under supervision.</li> <li>● Developing the ability to take care of tools and devices.</li> </ul>	<ul style="list-style-type: none"> <li>● Recognize and name basic tools.</li> <li>● Operate basic tools under supervision.</li> <li>● Take care of tools and equipment by storing them in an appropriate place.</li> </ul>
Basics of car mechanics	k n o w l e d g e	<ul style="list-style-type: none"> <li>● Learning the basic elements of a car (e.g. engine, wheels, brakes).</li> <li>● Understanding how the basic parts of a car work.</li> <li>● Familiarization with the most common car problems and how to recognize them.</li> </ul>	<ul style="list-style-type: none"> <li>● Replace the basic elements of a car.</li> <li>● Describe how the basic parts of a car work.</li> <li>● List the most common car problems and describe how to recognize them.</li> </ul>

	<p>s k i l l s</p>	<ul style="list-style-type: none"> <li>● Developing the ability to recognize basic car parts.</li> <li>● Develop skills for simple repairs under supervision.</li> <li>● Developing the ability to use simple repair instructions.</li> </ul>	<ul style="list-style-type: none"> <li>● Recognize the basic parts of a car.</li> <li>● Carry out simple repairs under supervision.</li> <li>● Use simple repair instructions.</li> </ul>
Drive system	<p>k n o w l e d g e</p>	<ul style="list-style-type: none"> <li>● Learning the basic elements of the drive system.</li> <li>● Understanding how the drive system works.</li> <li>● Familiarization with simple drive system problems and how to recognize them.</li> </ul>	<ul style="list-style-type: none"> <li>● Replace the basic elements of the drive system.</li> <li>● Describe how the propulsion system works.</li> <li>● List the most common drive system problems and describe how to recognize them.</li> </ul>
	<p>s k i l l s</p>	<ul style="list-style-type: none"> <li>● Developing the ability to recognize the basic elements of the drive system.</li> <li>● Develop skills in simple powertrain repairs under supervision.</li> <li>● Developing the ability to use simple tools for repairing the drive system.</li> </ul>	<ul style="list-style-type: none"> <li>● Recognize the basic elements of the drive system.</li> <li>● Perform simple repairs to the drive system under supervision.</li> <li>● Use simple tools to repair your drivetrain.</li> </ul>

Braking system	k n o w l e d g e	<ul style="list-style-type: none"> <li>● Learning the basic elements of the braking system.</li> <li>● Understanding how the braking system works.</li> <li>● Familiarization with simple problems of the braking system and how to recognize them.</li> </ul>	<ul style="list-style-type: none"> <li>● Replace the basic components of the braking system.</li> <li>● Describe how the braking system works.</li> <li>● List the most common brake system problems and describe how to recognize them.</li> </ul>
	s k i l l s	<ul style="list-style-type: none"> <li>● Developing the ability to recognize the basic elements of the braking system.</li> <li>● Develop skills in simple brake system repairs under supervision.</li> <li>● Developing the ability to use simple tools for repairing the braking system.</li> </ul>	<ul style="list-style-type: none"> <li>● Recognize the basic elements of the braking system.</li> <li>● Carry out simple repairs to the braking system under supervision.</li> <li>● Use simple tools to repair your brake system.</li> </ul>
Electrical system	k n o w l e d g e	<ul style="list-style-type: none"> <li>● Learning the basic elements of the vehicle's electrical system.</li> <li>● Understanding how the electrical system works.</li> <li>● Familiarization with simple electrical system problems and how to recognize them.</li> </ul>	<ul style="list-style-type: none"> <li>● List the basic elements of the vehicle's electrical system.</li> <li>● Describe how the electrical system works.</li> <li>● List the most common electrical system problems and describe how to recognize them.</li> </ul>

	<p>s k i l s</p>	<ul style="list-style-type: none"> <li>• Developing the ability to recognize the basic elements of the electrical system.</li> <li>• Develop skills in simple electrical system repairs under supervision.</li> <li>• Developing the ability to use simple tools for repairing the electrical system.</li> </ul>	<ul style="list-style-type: none"> <li>• Recognize the basic elements of an electrical system.</li> <li>• Carry out simple repairs to the electrical system under supervision.</li> <li>• Use simple tools to repair the electrical system.</li> </ul>
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**Iceland**   
**Liechtenstein**  
**Norway** grants

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The aim of the project is to develop a comprehensive, systemic model of preparation for professional activity of people with deeper intellectual disabilities. Preparation of professional laboratories with training programs and methodology. Development of a coherent and systemic strategy for supporting the employment of people with intellectual disabilities on the labor market in cooperation with the District Labor Office in Sosnowiec. Working out a path of professional development and a strategy of inclusion in the open and / or protected labor market, taking into account the educational, legal, organizational housing for schools, people with disabilities, public institutions and entrepreneurs that can potentially employ people with disabilities.