

SKILLS CATALOG

ORANGERY OF PERSONALITIES

PROJECT AION

Iceland 
Liechtenstein
Norway grants



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The AION project benefits from a grant of € 195828 received from Iceland, Liechtenstein and Norway under the EEA Grants.

The aim of the project is to develop a comprehensive, systemic model of preparation for professional activity of people with deeper intellectual disabilities.

Preparation of professional laboratories with training programs and methodology.

Development of a coherent and systemic strategy for supporting the employment of people with intellectual disabilities on the labor market in cooperation with the District Labor Office in Sosnowiec.

Working out a path of professional development and a strategy of inclusion in the open and / or protected labor market, taking into account the educational, legal, organizational housing for schools, people with disabilities, public institutions and entrepreneurs that can potentially employ people with disabilities.

Skills catalog
Orangery of personality – soft skills

1. I know a lot about myself
2. I am a conscientious employee
3. I cooperate with others

RATING:

green color – task completed correctly

Red colour – you should continue to practice the skill

The student can start learning the next skill when both assessments (self-assessment and teacher feedback) are green.

I KNOW A LOT ABOUT MYSELF

Level 1

Skill	Self-esteem	Information from the teacher
I know my name		
I know where I live		
I know what motivates me to work		
I'm getting to know my interests		
I determine my predispositions to various types of work		
I know my strengths		

I KNOW A LOT ABOUT MYSELF

Level 2

Skill	Self-esteem	Information from the teacher
I can introduce myself		
I can talk about my interests		
I can choose a job that is satisfying for me		
I undertake various types of work (alone, in a team, with immediate or delayed results)		
I can present my advantages		

I AM A CONSENTIOUS EMPLOYEE

Level 1

Skill	Self-esteem	Information from the teacher
I distinguish between a task done well and poorly		
I understand multi-step instructions, activity diagrams, and activity plans		
I remember the scope of my responsibilities		
I know my job is important (I know its importance)		
I know when I can't cope on my own with a given task		
I know, whom ask for help, support, explanation		
I know, When ask for help, support, explanation		

I AM A CONSENTIOUS EMPLOYEE

Level 2

Skill	Self-esteem	Information from the teacher
I complete the tasks I start		
I do my job to the best of my ability		
I act according to the instructions (verbal, pictographic)		
I work scheduled hours		
I can ask for help and explanation		

I COOPERATE WITH OTHERS

Level 1

Skill	Self-esteem	Information from the teacher
I know that other people's work is important		
I know who gives me instructions for work (who is the leader)		
I know that other people's opinions and views are important		
I know that I am part of a team and my actions are important		
I know how to express my dissatisfaction, anger, etc.		
I know how to express my joy, pride, satisfaction, etc.		

I COOPERATE WITH OTHERS
Level 2

Skill	Self-esteem	Information from the teacher
I respect the work of other people		
I can submit		
I listen to what others (co-workers, superiors) tell me		
I can offer my help		
I help other people		